

WESTWOOD RECREATION DEPARTMENT



2020 WINTER PROGRAMS

RESIDENT REGISTRATION BEGINS JANUARY 2

NON-RESIDENT REGISTRATION BEGINS JANUARY 6

Most Classes Begin Week of JANUARY 13 See back for details!

To register visit www.westwoodnj.gov/179/recreation

CHILDREN'S PROGRAMS



GET MOVING!

BALLET/TAP 1 (15 weeks) **Fri** **4:00-4:45 pm** **Age 3** **Community Center** **Fee: \$125**

An introduction to Ballet and Tap for preschoolers! Classes are designed to enhance coordination and creative ability. Class starts January 17th.

BALLET/TAP 1 (15 weeks) **Fri** **4:50-5:35 pm** **Age 4** **Community Center** **Fee: \$125**

An introduction to Ballet and Tap for preschoolers! Classes are designed to enhance coordination and creative ability. Class starts January 17th.

BALLET/TAP 2 (15 weeks) **Fri** **5:40-6:35 pm** **Grades K-1** **Community Center** **Fee: \$125**

This class expands and enhances the basic concepts and abilities of ballet, jazz, and tap using a fun and positive method. Class starts January 17th.

KIDDIE HOP (15 Weeks) **Fri** **6:40-7:25 pm** **Grades K-2** **Community Center** **Fee: \$125**

Students have fun dancing to cool beats while benefiting from the cardiovascular workout that Hip Hop dancing has to offer. Class starts January 17th.

SOCCER SQUIRTS (6 weeks) **Mon** **4:30-5:30 pm** **Ages 3-5** **Community Center** **Fee: \$129**

USSI presents a small group introduction to soccer for young children. Classes begin January 13th.

TGA TENNIS (Beg/Intermediate/6 weeks) **Fri** **6:00-7:00 pm** **Grade K-3** **Twp. Racquet Club** **Fee: \$170**

Fri **7:00-8:00 pm** **Grades 4-8** **Twp. Racquet Club** **Fee: \$170**

Certified USTA instructors lead high-energy, engaging instructional classes indoors at the Twp. Racquet Club, 620 Pascack Road, Twp. of Washington. Visit playTGA.com to learn more. Classes start on January 24th.

BE CREATIVE!



THE HAPPY PIANO (12 weeks) **Wed** **4:00-4:30 pm** **Ages 3-4** **Community Center** **Fee: \$239**

Wed **4:30-5:00 pm** **Ages 5-6** **Community Center** **Fee: \$239**

These group piano lessons are limited to 6 children per class, keyboards provided. Visit happypiano.com to learn more. *Note: New students must provide a \$35 materials fee to be collected at the first class.* Class starts January 15th.

NEW! PAINT-A-POLOOZA (8 weeks) **Tues** **3:30-4:30 pm** **Ages 4-7** **Community Center** **Fee: \$150**

Join **Abakadoodle Art Studio** to beat the winter blues! Paint winter landscapes, design polar bear sculptures, paint drippy splatter paint cardinal birds, use clay to mold beautiful owl scenes and more! A new masterpiece each class. Class starts January 14th.

YOGA & ART (8 weeks) **Wed** **4:15-5:15 pm** **Age 4 - Gr 4** **Community Center** **Fee: \$115**

Colorful Warriors combines Yoga & Art to teach children how using the body's senses help us to be creative and mindful, for example making slime and teaching the body to move, stretch and glide. New materials and projects each week. Class starts January 15th.

TEEN ART (8 weeks) **Mon** **5:45-7:00 pm** **Grades 5-9** **Community Center** **Fee: \$135**

Students will learn how to paint on canvas using acrylic paint with **Colorful Warriors!** This studio art class will focus on individual abilities. Students will be given the option to paint freely or from a guided lesson. All materials will be provided. Class starts January 13th.

KNITTING (8 weeks) **Thurs** **4:30-5:30 p.m.** **Grades 2-8** **Community Center** **Fee: \$25**

Explore the art of knitting! Students will learn basic stitches and as they progress, they will create a small project. All materials provided, no experience necessary. Class starts January 16th.

NEW! LEGO MOVIE MAKING (8 weeks) **Tues** **4:00-5:00 p.m.** **Grades 3-5** **Community Center** **Fee: \$135**

Learn about the basic elements involved in stop motion animation using Legos and other objects to create stop motion movies while learning the importance of timing, acceleration of motion, storyboard planning, and execution of the project. Class starts January 14th.

NEW! DASH ROBOTICS (8 weeks) **Thurs** **3:45-4:45 p.m.** **Grades K-2** **Community Center** **Fee: \$135**

Thurs **5:00-6:00 p.m.** **Grades 3-6** **Community Center** **Fee: \$135**

This hands-on STEM class introduces students to the world of programming as they instruct their "pet robot" using an iPad and drag-and-drop programming language. Students explore their creativity as they engage robots in storytelling, mazes, bowling and much more. Class starts January 16th.



MAKE NEW FRIENDS!

AFTERSCHOOL KIDS CLUB (9 weeks) **Fri** **3:30-5:00 p.m.** **Grades 4-5** **Community Center** **Fee: None**

Children in grades 4-5 are welcome to participate in activities such as basketball, air hockey, foosball, kick ball, etc. with Recreation Department staff on Fridays! There is no fee for this program, however, each child must be registered. Session begins January 17th.

MIDDLE SCHOOL AFTERSCHOOL PROGRAMS

RECREATIONAL TUMBLING (8 weeks) **Tues** **3:00-4:00** **Grades 6-7** **Community Center** **Fee: \$55**

Students will learn basic tumbling skills such as cartwheels, handstands, and roundoffs along with Yoga, conditioning, and stretching exercises. Panel mats will be set up for whole-class. No experience necessary/experienced tumblers welcome. Class starts January 14th.

MULTISPORTS (8 weeks) **Tues** **3:00-4:00** **Grades 6-7** **WRMS Gym** **Fee: \$55**

Thurs **3:00-4:00** **Grades 6-7** **Community Center** **Fee: \$55**

WRMS students are welcome to join eight-weeks of fun Phys. Ed. games with Ms. Lizzi & Ms. Cascio. The program will include all the favorite team sports such as flag football, soccer, basketball, and much more. Classes start January 14th & 16th.

WESTWOOD RECREATION DEPARTMENT - WESTWOOD COMMUNITY CENTER

55 JEFFERSON AVENUE, WESTWOOD NJ 07675

www.westwoodnj.gov

201-664-7882

recreation@westwoodnj.gov

Gary Buchheister, Recreation Director

Margaret McDonough, Administrative Assistant

RoseAnn Ciarlante, P/T Recreation Aide

ADULT FITNESS PROGRAMS



RECREATIONAL VOLLEYBALL **Mon 8:00 – 10:00 pm** **Fee: \$25**
A fun yet competitive program starting January 13 for 20 weeks at Westwood Regional Middle School. Men and Women of all skill level from novices to veterans are welcome.

POWER VOLLEBALL **Wed 8:00 – 10:00 pm** **Fee: \$25**
A more competitive Volleyball program running for 15 weeks at Westwood Regional High School starting January 15th.

OPEN GYM BASKETBALL **Tues/Thurs 9:00--11:00 pm** **Ages 30+** **Fee: \$40 per session**
OPEN GYM BASKETBALL **Sun 9:00 – 10:30 am** **Ages 50+** **Fee: \$40 per session**

This year round (January - June & July – December) program takes place at the Community Center.



YOGA **Tues/Thurs 7:15-8:00 pm** **Fee: \$115**
This 10-week program begins January 14th at the Community Center with a focus on stretching/strengthening to promote physical/mental wellness including reducing stress and chronic pain as well as improving sleep and bone/joint health.

WESTWOOD RECREATION PRE-SCHOOL



Visit www.westwoodnj.gov/179/recreation for details on our *Preschool* focusing on Kindergarten readiness for children 3-5 years old. The fully-licensed, affordable program provides a solid academic and social foundation in a fun, nurturing setting. Registration for the 2020-2021 school year begins Tuesday, April 21 at 9:00 a.m. Children must be of age as of 10/1/2020 to participate in the 4/5 year-old-class (Mon, Wed, Fri 9 am– 2 pm) or the 3-year-old class (Mon, Wed, Fri 12:30 pm - 2:30 pm)

SPECIAL NEEDS ACTIVITY PROGRAM (SNAP)

Westwood and Twp. of Washington Recreation Departments co-sponsor the year-round SNAP recreation program for children with special needs. We offer arts/crafts for ages 3+ and Basketball, Baseball, Indoor Soccer and Tennis for children 7+. Visit www.westwoodnj.gov/179/recreation to see the program brochure. This program is generously sponsored by:



PARK BENCH DONATION PROGRAM

The Borough of Westwood is pleased to offer residents the opportunity to sponsor a park bench in honor of loved ones or special achievements. To learn more about the program select the park bench brochure link at <https://www.westwoodnj.gov/268/Forms-Applications>



LOOKING TO HOST A PARTY?

Are you looking for a place to host your party, meeting or special event? The Westwood Community Center offers meeting and party space rentals at reasonable rates. Small and large events welcome. For more information about hosting your party in our event space, visit www.westwoodnj.gov/179/recreation and select Community Center.

WESTWOOD BASEBALL ASSOCIATION WESTWOOD SOFTBALL ASSOCIATION Registration Information

The Westwood Baseball & Softball Associations will hold registration for the Spring Season on Saturday, January 11 and Saturday, January 18 from 9:00 a.m. – 12:00 p.m. at the Community Center.

For more information about Baseball registration or to download forms, visit leaguelineup.com/wwbaseball. Children in grades K-8 are welcome to participate.

For more information about Softball registration visit www.westwoodnjsoftball.org or email westwoodsoftball@gmail.com. Girls in grades K-8 are welcome to participate.



TEEN CENTER

Fridays 7:30 – 10:00 p.m.

The Teen Center is available to all Westwood/Twp. of Washington residents in Grades 6-9 at no cost. Staff coordinate activities and occasional special events in a fun, safe environment. Basketball, volleyball, ping-pong, billiards, air hockey and X-Box on a big screen are just some of the available activities. Parents must register their teens via Community Pass at [westwoodnj.gov/179/recreation](http://www.westwoodnj.gov/179/recreation)



Forever Young

Westwood Recreation offers classes for residents 55+ at no cost: Basketball, Cardio Fitness, Strength & Conditioning, MELT, Yoga, Pickleball, Mah-Jong, monthly Health & Wellness Seminars and more! For more information visit the Recreation page of [westwoodnj.gov](http://www.westwoodnj.gov) to view our latest *ForeverYoung* newsletter or call 201-664-7882. This program is generously sponsored by:



2020 Winter Program registration begins on Thursday, January 2, 2020 at 9 am on a first-come, first served basis on-line at www.westwoodnj.gov using Community Pass or at the Recreation Dept. (cash, check, money order to Borough of Westwood). If classes are open, Non-Residents may register on Monday, January 6, 2020 for an additional \$25. *If you are not 100% satisfied with your class you will be issued a full refund. *Most recreation programs are not held on Borough or School holidays/closings including New Year's Day, MLK Day, President's Day and Good Friday. *For some programs medical accident coverage is provided as a secondary insurance. If you do not have insurance this policy becomes the primary insurer (max. \$10,000). *The Recreation Dept. reserves the right to cancel or alter a program due to insufficient registration/other logistical reason. Full refunds given for cancelled programs.

This is not a Westwood Regional School District sponsored event.